CASE 39-1

A 70-year-old man with diabetes has a one-month history of erythematous, confluent papules and plaques on his scrotum and inner thigh. He describes the symptoms as “irritation, but not itchy”

What is the one most likely diagnosis?

(A) Tinea cruris
(B) Erythrasma
(C) Candidiasis
(D) Allergic contact dermatitis
(E) Herpes zoster
The correct answer is (C), candidiasis.

Candida infections typically present with a red plaque with satellite pustules or papules as seen in this case; in contrast to tinea cruris which does not affect the scrotum.

Erythrasma typically presents with a uniform plaque without satellite lesions. Allergic contact dermatitis is typically pruritic and herpes zoster would be painful.