

CASE 31-1

A 40-year-old woman presents with a 4-month history of pink, asymptomatic, scaly papules and macules around her mouth and perinasal area. She drinks five glasses of wine weekly, uses sunscreen lotion and a moisturizer daily, and takes oral contraceptives. She has no systemic complaints.



What is the one most likely diagnosis?

- (A) Allergic contact dermatitis due to sunscreen
- (B) Acne
- (C) Rosacea
- (D) Perioral dermatitis
- (E) Folliculitis

The correct answer is (D), perioral dermatitis.

Perioral dermatitis typically has macules and papules with scale and presents in a perioral and/or perinasal distribution. It is more common in women taking oral contraceptives. Comedones are usually present in acne and scale is typically not present in acne or rosacea. Folliculitis is uncommon on the face of females, but may occur in the beard area of males.