

CASE 39-1

A 70-year-old man with diabetes has a one-month history of erythematous, confluent papules and plaques on his scrotum and inner thigh. He describes the symptoms as “irritation, but not itchy”



What is the one most likely diagnosis?

- (A) Tinea cruris
- (B) Erythrasma
- (C) Candidiasis
- (D) Allergic contact dermatitis
- (E) Herpes zoster

The correct answer is (C), candidiasis.

Candida infections typically present with a red plaque with satellite pustules or papules as seen in this case; in contrast to tinea cruris which does not affect the scrotum.

Erythrasma typically presents with a uniform plaque without satellite lesions. Allergic contact dermatitis is typically pruritic and herpes zoster would be painful.